



LeadStyle

A new way to better leadership.

● Why LeadStyle?

...Because we help leaders play bigger.

We deliver bespoke leadership development programs. Each program helps mid-level to senior-level professionals grow and sustain their leadership. Organizations and leaders look to us to directly impact their ability to:

- Retain high potential talent;
- Create engaged and innovative teams;
- Expand a leaders' ability to better lead themselves, their people, and their organization

● How does LeadStyle work?

Our intention is **sustainable excellence**. We use a dynamic platform that emphasizes integration across the 3Ps:

- Professional success
- Personal well-being
- Physical wellness

Our unique process uses existing corporate wellness programs (if available), personal values and goal identification, and leadership assessments to help professionals define their unique definition of balance across the 3Ps. Then we help them achieve and sustain it. In addition to offering executive coaching through our process, our clients have access to our relationships with a curated list of sought-after personal trainers, mental health specialists and other professionals to help clients reach their goals.

● Who do we work with?

The LeadStyle Program delivers **high impact results** across leadership teams and personalized one-on-one development of top talent.

Leaders come to us when they want to:

- Play bigger than they thought possible before
- Influence and build relationships with stakeholders
- Make decisions at the right level of speed and inclusiveness
- Lead hearts and minds
- Truly engage those they lead
- Increase discretionary effort and team effectiveness

Our clients include Fortune 10 and 500 corporations across Oil & Gas, Healthcare, Financial Services, Higher Education, and Non-Profits.



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● What our clients are saying

- "I highly recommend their process for someone trying to get to the next level" – A. P., Multi-National Oil & Gas Company
- "I have emerged as a more confident, influential and patient leader in every aspect of my life. While I expected such results in my professional life after my initial sessions, what I didn't expect was how it would translate to my role as a father, husband, son, community volunteer and friend. The growth and self-discovery I've enjoyed from our coaching sessions transcends the workplace and has reignited my growth as a person, not just as a professional." – V.M., Global Non-Profit Organization
- "I loved how they were able to incorporate the different changes occurring on a personal level into my professional development. I'm extremely thankful to them for helping me seamlessly integrate my professional and personal priorities, and guiding me onto a path of all-round success, happiness and satisfaction." – S.B., National Healthcare System
- "...gave me the tools to harness my feelings and acknowledge the outside world around me, without giving into options that take me away from my plans. It's a weight lifted off my chest. I can breathe again. And it feels so good. This isn't over; this is a lifestyle change. But now I have the confidence and tools to channel my emotions, to own them, to shape them and to use them to move forward." – S.K., Author

● Our Team

Lara Dolnik and Shveta Pillai are ICF accredited coaches. Between them they have 40+ years of global, corporate experience across multiple industries and Fortune 500 organizations. As co-founders of LeadStyle, they are certified in the MBTI, Gallup StrengthsFinder, EQi, and Integrative System Dynamics for Organizations. In addition, between them, they hold a law degree, an MBA, a psychology degree with a dissertation in persuasion and identity, and a corporate communications degree--all from top tier universities. Their specialties include leadership alignment, persuasive and organizational communications, team development, organizational development, and training and facilitation.



Lara A. Dolnik, PCC
lara@leadstyleglobal.com



Shveta E. Pillai, ACC
shveta@leadstyleglobal.com